

JOAN MORAIS

COSMETICS SCHOOL

Start Smart: Pre-Mentorship Study Plan Schedule

[Pro Natural Hair Care Formulation Course with Joan Morais](#)

Start Today!

Study Duration: July 14 – November 14, 2025

Total Study Hours: 167 hours*

<input type="checkbox"/> Complete	Week	Dates	Modules	Hours
<input type="checkbox"/>	Week 1	July 14 – July 20	Welcome, Instructions, Resources	4
<input type="checkbox"/>	Week 2	July 21 – July 27	Module 1: Hair	1
<input type="checkbox"/>	Week 3	July 28 – August 3	Module 2: The Science of Hair	14
<input type="checkbox"/>	Week 4	August 4 – August 10	Module 3: Cosmetics	12
<input type="checkbox"/>	Week 5	August 11 – August 17	Module 4: Cosmetic Ingredients – Raw Materials	14
<input type="checkbox"/>	Week 6	August 18 – August 24	Module 5: Ingredients Methods	1
<input type="checkbox"/>	Week 7	August 25 – August 31	Module 6: Equipment	12
<input type="checkbox"/>	Week 8	September 1 – September 7	Module 7: Cosmetic Formulation	14
<input type="checkbox"/>	Week 9	September 8 – September 14	Module 8: GMP and Testing	10
<input type="checkbox"/>	Week 10	September 15 – September 21	Module 9: Shampoo	15
<input type="checkbox"/>	Week 11	September 22 – September 28	Module 10: Hair Conditioner and Hair Mask	15
<input type="checkbox"/>	Week 12	September 29 – October 5	Module 11: Hair Mist, Gel & Serum	12
<input type="checkbox"/>	Week 13	October 6 – October 12	Module 12: Hair Oil, Beard Oil, Hair Butter, Pomade	12
<input type="checkbox"/>	Week 14	October 13 – October 19	Module 13: Scenting Formulations	8

<input type="checkbox"/>	Week 15	October 20 – October 26	Module 14: Herbal Extracts	10
Live Q+A and Meet Joan Morais!	Thursday	October 23 4:00pm – 5:00pm PT (Los Angeles, CA)	Zoom Group Call Get your cosmetic formulation and business questions answered	1
<input type="checkbox"/>	Week 16*	October 27 – November 2	Catch-up & Practice Formulations	10
<input type="checkbox"/>	Week 17*	November 3 - November 9	Review & Final Exam Prep	1
<input type="checkbox"/>	Week 18*	November 10 - November 14	Final Exam Completion & Certification	1

Recommendations

- Dedicate **2 focused study blocks per week** (e.g., Tue/Thu or Sat/Sun).
- Use **week 3–4 and 6–7** for deeper integration and formulating practice.
- Take quizzes and complete assignments as you complete each module.
- Schedule time for **formulation practice** and **ingredient sourcing** as needed.

Notes*

- Every student studies at a different pace. This is a generous and flexible approximation to guide your progress.
- Week 16 is optional. You can make any of the formulations at any date.
- Weeks 17, and 18 are optional. You can take the final at any date and time.

8-Week Mentored Semester with seasoned Cosmetic Formulator and Instructor Joan Morais Starts January 19, 2026!