

# JOAN MORAIS

## COSMETICS SCHOOL

### Start Smart: Pre-Mentorship Study Plan Schedule

[Pro Natural Skin Care Formulation Course with Joan Morais](#)

Start Today!

Study Duration: September 1 – January 9, 2025

Estimated Study Hours: 200 hours\*

<input type="checkbox"/> Complete	Week	Dates	Modules	Hours
<input type="checkbox"/>	Week 1	September 1 – September 7	Welcome, Instructions, Resources	4
<input type="checkbox"/>	Week 2	September 8 – September 14	Modules 1 & 2: Skin, The Science of Skin	16
<input type="checkbox"/>	Week 3	September 15 – September 21	Module 3: Cosmetics	12
	Week 4	September 22 – September 28	Module 4: Cosmetic Ingredients – Raw Materials	4
<input type="checkbox"/>	Week 5	September 29 – October 5	Modules 5 & 6: Ingredients Methods Equipment	13
<input type="checkbox"/>	Week 6	October 6 – October 12	Module 7: Cosmetic Formulation	14
	Week 7	October 13 – October 19	Module 8: GMP and Pre-Market Testing	10
<input type="checkbox"/>	Week 8	October 20 – October 26	Module 9: Moisturizers, Creams, Lotions, Butters	16
Live Q+A and Meet Joan	Thursday	<b>October 23</b> 4:00pm – 5:00pm PT (Los Angeles, CA)	<b>Zoom Group Call</b> Get your cosmetic formulation and	1

<b>Morais!</b>			business questions answered	
<input type="checkbox"/>	Week 9	October 27 – November 2	Module 10: Serums	16
<input type="checkbox"/>	Week 10	November 3– November 9	Module 11: Cleansers, Exfoliants, Toners, Masks	16
<input type="checkbox"/>	Week 11	November 10– November 23	Module 12: Lip Balm, Lip Gloss, Skin Balm, Body Oil	10
<input type="checkbox"/>	Week 12	November 24– November 30	Modules 13 & 14: Body Wash + Deodorant and Powder	12
<input type="checkbox"/>	Week 13	December 1 – December 7	Module 15: Bath and Shower	12
<input type="checkbox"/>	Week 14	December 8 – December 14	Module 16: Aromatherapy, Gem + Flower Essences	10
<input type="checkbox"/>	Week 15	December 15 – December 21	Module 17: Scent Blends and Natural Perfume	12
<input type="checkbox"/>	Week 16*	December 22 – December 28	Module 18: Herbal Extracts	10
<input type="checkbox"/>	Week 17*	December 29 – January 4	Catch-up & Practice Formulations	10
<input type="checkbox"/>	Week 18*	January 5 - January 9 Final Exam Completion & Certification	Review & Final Exam Prep Final Exam Completion & Certification	2

## Recommendations

- Dedicate **2 focused study blocks per week** (e.g., Tue/Thu or Sat/Sun).
- Use **week 3–4 and 6–7** for deeper integration and formulating practice.
- Take quizzes and complete assignments as you complete each module.
- Schedule time for **formulation practice** and **ingredient sourcing** as needed.

### **Notes\***

- Every student studies at a different pace. This is a generous and flexible approximation to guide your progress.
- Week 17 is optional. You can make any of the formulations at any date.
- Week 18 is optional. You can take the final at any date and time.

**8-Week Mentored Semester with seasoned Cosmetic Formulator and Instructor Joan Morais** [Starts January 19, 2026!](#)