

JOAN MORAIS

COSMETICS SCHOOL

Start Smart: Pre-Mentorship Study Plan Schedule

[Pro Natural Skin Care Formulation Course with Joan Morais](#)

Start Today!

Study Duration: July 14 – November 14, 2025

Estimated Study Hours: 200 hours*

<input type="checkbox"/> Complete	Week	Dates	Modules	Hours
<input type="checkbox"/>	Week 1	July 14 – July 20	Welcome, Instructions, Resources	4
<input type="checkbox"/>	Week 2	July 21 – July 27	Modules 1 & 2: Skin, The Science of Skin	16
<input type="checkbox"/>	Week 3	July 28 – August 3	Module 3: Cosmetics	12
	Week 4	August 4 – August 10	Module 4: Cosmetic Ingredients – Raw Materials	4
<input type="checkbox"/>	Week 5	August 11– August 17	Modules 5 & 6: Ingredients Methods Equipment	13
<input type="checkbox"/>	Week 6	August 18– August 24	Module 7: Cosmetic Formulation	14
	Week 7	August 25– August 31	Module 8: GMP and Pre-Market Testing	10
<input type="checkbox"/>	Week 8	September 1 – September 7	Module 9: Moisturizers, Creams, Lotions, Butters	16
<input type="checkbox"/>	Week 9	September 8 – September 14	Module 10: Serums	16

<input type="checkbox"/>	Week 10	September 15 – September 21	Module 11: Cleansers, Exfoliants, Toners, Masks	16
<input type="checkbox"/>	Week 11	September 22 – September 28	Module 12: Lip Balm, Lip Gloss, Skin Balm, Body Oil	10
<input type="checkbox"/>	Week 12	September 29 – October 5	Modules 13 & 14: Body Wash + Deodorant and Powder	12
<input type="checkbox"/>	Week 13	October 6 – October 12	Module 15: Bath and Shower	12
<input type="checkbox"/>	Week 14	October 13 – October 19	Module 16: Aromatherapy, Gem + Flower Essences	10
<input type="checkbox"/>	Week 15	October 20 – October 26	Module 17: Scent Blends and Natural Perfume	12
Live Q+A and Meet Joan Morais!	Thursday	October 23 5:30pm – 6:30pm PT (Los Angeles, CA)	Zoom Group Call Get your cosmetic formulation and business questions answered	1
<input type="checkbox"/>	Week 16*	October 27 – November 2	Module 18: Herbal Extracts	10
<input type="checkbox"/>	Week 17*	November 3 - November 9	Catch-up & Practice Formulations	10
<input type="checkbox"/>	Week 18*	November 10 – November 14 Final Exam Completion & Certification	Review & Final Exam Prep Final Exam Completion & Certification	2

Recommendations

- Dedicate **2 focused study blocks per week** (e.g., Tue/Thu or Sat/Sun).
- Use **week 3–4 and 6–7** for deeper integration and formulating practice.
- Take quizzes and complete assignments as you complete each module.
- Schedule time for **formulation practice** and **ingredient sourcing** as needed.

Notes*

- Every student studies at a different pace. This is a generous and flexible approximation to guide your progress.
- Week 17 is optional. You can make any of the formulations at any date.
- Week 18 is optional. You can take the final at any date and time.

8-Week Mentored Semester with seasoned Cosmetic Formulator and Instructor Joan Morais [Starts January 19, 2026!](#)